



## 13<sup>th</sup> Annual Southern Obesity Summit

### State Nomination Form

Do you want your state to be the host of the 13<sup>th</sup> Annual Southern Obesity Summit (SOS)? We are currently taking nominations and want to know why your state should be home to SOS 2019!

The Southern Obesity Summit is an exciting and important event that brings together leadership from across the 16 southern states to learn, engage and develop strategies around obesity prevention. Our goal is to bring this conference to all of the 16 southern states. SOS has been in Arkansas (2007), Alabama (2008), Texas (2009, 2016), Georgia (2010, 2017), Louisiana (2011), North Carolina (2012), Tennessee (2013), Kentucky (2014), Mississippi (2015), and West Virginia (2018).

If your state is interested in being selected for the 2019 Southern Obesity Summit, please fill out the below information and return to [sondrias@texashealthinstitute.org](mailto:sondrias@texashealthinstitute.org) by May 15, 2018. We will be reviewing within the following months.

Name \_\_\_\_\_

Organization \_\_\_\_\_

Email \_\_\_\_\_

Address \_\_\_\_\_

**Do you have a state obesity plan in place? Who administers your obesity plan? How is it evaluated?**

**Would your state health department be supportive of hosting SOS? Do you have an existing state-level obesity team or organization in place that could work on the Summit? Please list names and/or organizations of people on that team.**

**Are your governor and/or mayors in your state supportive of obesity initiatives?**

**Is there currently any research being conducted in your state around obesity prevention?**

**Do you have initiatives in any/all of focus areas identified for SOS?**

1. **Where we Live** – Examples: adequate housing in safe neighborhoods, safe places to walk, sidewalks and bike lanes, access to quality healthcare, access to healthy foods
2. **Where we Work** – Examples: staff wellness initiatives and incentives, good health insurance programs, employee sponsored health events, healthy vending and dining options



3. **Where we Learn** – Examples: A Whole community, Whole School, Whole Child approach to the learning environment that addresses one or more of the 10 components of a healthy school environment (nutrition services, physical education/physical activity, health services, counseling, psychological and social services, social/emotional climate, physical environment, employee wellness, family engagement, community involvement, and health education)
  
4. **Where we Eat** – Examples: Farmers markets, restaurants, grocery stores, corner stores, vending
  
5. **Where we Play** – Examples: Safe playgrounds and parks, adequate lighting
  
6. **Where we Pray** - Examples: Religious institutions role as provider, advisor, support system

**Explanation of why your state is the best choice for the 13<sup>th</sup> Annual SOS:**

Responsibilities of being the host state include:

- To develop and lead a local host committee to assist and support the SOS team in Summit planning
- To secure a minimum of \$50,000 and continue to assist in fund development to identify financial support for the overall Summit
- To assist in marketing the Southern Obesity Summit for overall attendance and sponsorship
- To identify local champions, public leaders and dignitaries to serve as moderators, speakers and/or welcome attendees as the host state to the Summit
- Provide support for public relations and media engagement

In return you have an opportunity to showcase your state as a leader in obesity prevention, build stronger partnerships around your initiatives and policies and have the chance to engage new partners to support your work.

Should you have any questions, please contact:

Stephanie Ondrias  
Director of Events and Education  
Texas Health Institute  
[sondrias@texashealthinstitute.org](mailto:sondrias@texashealthinstitute.org)  
Direct: 512-279-3920