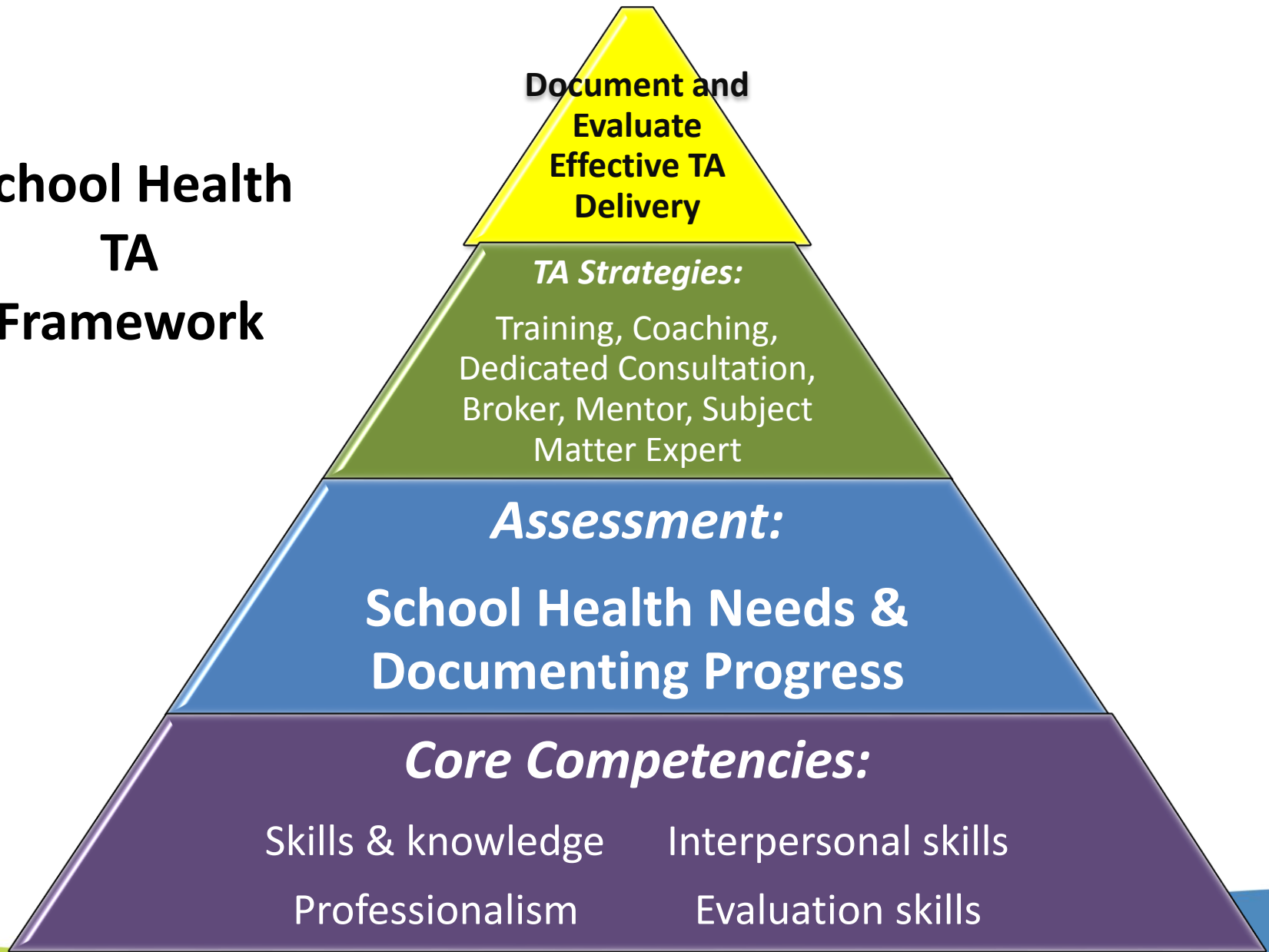


# TECHNICAL ASSISTANCE WITH SCHOOLS USING PROGRAM TO POLICY, SYSTEMS, & ENVIRONMENTAL TO CREATE SUSTAINABLE CHANGE



*IMPROVING HEALTH STATUS  
AT THE COMMUNITY LEVEL*

# School Health TA Framework



# TECHNICAL ASSISTANCE SERVICE MODEL

- Dedicated technical assistance consultant - services tailored to meet school-specific needs
- School health team established – role definition
  - leaders, delegation of shared responsibilities
- Assessment - Identification of “gaps”, areas for improvement, strengths
- Select priorities
- Create a plan of action
- Identify resources – financial, programs, tools, other supports
- Host Peer Learning Opportunities
- Measures (impact, evaluation)

# DISCUSSION

- How many of you are currently working in schools and in what capacity?
- What has been the biggest challenge encountered in supporting schools to achieve PSE?
- What specific methods have you found useful in coaching schools?

# THE PATH FROM PROGRAMS TO POLICY

- **Why Focus on Policy, Systems and Environmental Change?**
  - Yields high impact, some with low cost (policy)
  - Brings about wider-scale change
  - Education and awareness coupled with action results in improved health outcomes
  - Encourages and supports the practice of sustaining healthy behaviors

# FACILITATED DISCUSSION...

- What is a Program?
- What are Policies?
- What is a Systems Change?
- What is an Environmental Change?

## Pathway to Healthy Schools



**Systems Change – (people)**

**Environmental Change – (location)**

**Policy Change – (rules)**

# ACTIVITY



- At your tables using the flip chart sheets pre-labeled with program, policy, system, environmental change (p, p, s, e)-categorize the items on your index cards
- Decide if the item listed on the card is an example of a program, policy, system or environmental change
- Sort by sticking card on flip chart sheet, under the corresponding topic, p, p, s, or e.
- Discuss “disagreement” on the sheets.

# JUST A LITTLE REMINDER!

Program Change = **Activity**

Policy Change = **Written Rules**

Systems Change = **Unwritten Procedures**

Environmental Change = **Setting**



# THANK YOU

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