

## **Schools Pillar Workgroup SOS 2017 – Atlanta, GA**



### **Stairwell Chat**

"Thank you!"

Personalize it!

This or That/Instead

"Mentor"

School Climate (policy...)

Interactive/End with a question

### **How are you addressing health equity in your state?**

#### **TEXAS**

Por vida – SA Healthy Restaurants promoting healthy restaurants multiple locations

Data mailing – identifying desp pops

Healthy transitions for immigrants

Access to medical health

- Nutrition education

- Promoting fed nutrition programs in schools/healthy vending

Mobile farmers markets

TN Provide refrigerators to corner markets to help sell fresh fruit at schools as well

#### **TENNESSEE**

Healthy Restaurants promoting healthy restaurants multiple locations

Data mailing – identifying desp pops

Healthy transitions for immigrants

Provide refrigerators to corner markets to help sell fresh fruit at schools as well

Rural Areas in TN

Grant/financial aid upgrade kitchens, gardens, replace fryers

#### **Georgia**

Promote health equity through implementation of school wellness policies and USDA guidelines Wellness Councils

Policy adoption with education campaigns at district level/sustainable

#### **Louisiana**

- Expanding School based health clinics

- Food access

- Data mapping, barriers w/focus

- Health empowers SNAP Ed families

Groups –restructured store layout and feature healthy foods and provide healthy foods

- Improve marketing eat/drink/move

- Use of SNAP Ed

## **What is going on in your state to address obesity?**

MS waiver SNAP limits food stamps no \$\$  
SHC quarterly by law

TN – statewide farm to school movement, girls on the run, wellness walks, CSH statewide

LA – Tour de fitness

GA – SHAPE, Fitnessgram, PU30, 4,000 teachers trained, strong 4 life, provider training, DPT training – safe routes to school

MO – MFH HSHC

OK – TSET Healthy Living program, certified healthy Oklahoma

AR – 1220 CSH, recess pilot

## **What are YOU intentionally doing to change the landscape in your state?**

Partnering with DOE around LWP adoption and implementation and updates.

Assisting in writing and implementation w/action

Activation school wellness councils, engage PTA, and training and TA plus SHI action planning

Training PE teachers in Spark

Collaborating closely with DOE and DPH

Hire specialists to provide active support and planning and use present local data

Partner with PTA – letter writing

Partner with SNAP ED plus extension to take advantage of existing evidence based resources

Partnerships

WIC, AG, DOE, Health Dept, Univ, Hospitals

Empowering youth leadership

Health screenings every other grad – Data for trends

Increase info around current efforts and reporting

Funding CSH coordinators

Increase importance of health behaviors

Natural playground to increase physical activity

Slow change regulations and licensing

State level committee broad committee

School health advisory council – share resources and info with local SHACS

Integrating PA/nutrition throughout school day

Grants – teachers (nurse/PE/classroom)

Training for teachers, key staff

Plus refresher meetings

Tailoring services

Changing fundraiser options for extra curriculars

Social media literacy as tool for parent engagement

FSD photo snaps

TN MS WV OK GA

## **What obstacles have you successfully overcome this past year and how did you do it?**

Presented cafeteria staff in a more positive light improved the presentation of healthy cafeteria foods, makeovers of school cafeterias into “food courts”

Legal issues in bringing telemedicine to rural schools

Transportation barriers in getting medical care for kids

Strong local food policies overriding local and state

Positive peer pressure from principals hosting a diabetes prevention program convinced other principals to adopt it

Tweaking healthy foods to satisfy regional tastes

Kids don’t want to try new foods but encouragement from school gardens and café staff and a JR chef program have helped

Marketing of healthy foods improve its appeal

Food Corps

Locally produced 5-minute video add to activity

Go noodle activities increase classroom activities

New PA law in TN allows for structured activity during the school day to count towards total

In person visits to overcome challenges associated with forming student health council